



SWE SLIDING

NORDIC CUP





NORDIC CUP

Lillehammer, Norway, 13.-17. mars /13rd.-17th. March

<u>Sanctioning body/ Ansvarlig for jury:</u>	Norwegian Luge, Bobsleigh and Skeleton Federation (NABSF)	
<u>Organizer/Arrangør:</u>	Norwegian Luge, Bobsleigh and Skeleton Federation (NABSF) / Swedish Skating Sliding and Rolling Sports Federation (SweSliding)	
<u>Local Organizer/Lokal arrangør:</u>	Lillehammer Akeklubb	
<u>Jury President/Jurypresident:</u>	Knut Roger Tangnes	NOR
<u>Jury members/Jurymedlem:</u>	Ann Kohala	SWE
<u>Technical Director Luge/ Teknisk delegert aking:</u>	Anders Söderberg	SWE
<u>Technical Director Skeleton & Bobsleigh/ Teknisk delegert bob og skeleton:</u>	Jahn Erling Mostue	NOR
<u>President of OC/ Leder arrangør:</u>	Åshild Høva Sporsheim	NOR
<u>Race Director Luge/ Rennleder aking</u>	Karoline Melås	NOR
<u>Racedirector Skeleton & Bobsleigh/ Rennleder skeleton og bob:</u>	Simen Kjetlien	NOR
<u>Chief of Track/Baneleder:</u>	Anne Jorun Smikop	NOR

Race track /Bane:

Lillehammer Olympic Bobsleigh and Luge track/ Lillehammer Olympiske bob- og akebane

Registration/Påmelding:

Online registration for competition here: <https://anmalmig.nu/anmalan/891f3b28-7fe8-42ab-8121-844dcb157bc0/>

You register only your sport, not your starting point. The starting point will be decided latest on Friday. We have limited places, so remember to sign up quickly.

Påmelding gjøres via denne linken: <https://anmalmig.nu/anmalan/891f3b28-7fe8-42ab-8121-844dcb157bc0/>

Du melder deg kun på gren, ikke starthøyde. Starthøyde vil bli bestemt senest fredag. Vi har begrenset med plasser, så det er lurt å melde seg på raskt.



**Closing date/ Påmeldingsfrist:**Entry deadline Wednesday 1st. March at 23.59 o'clock. / Påmeldingsfrist onsdag 1.mars kl 23.59**Entry and training Fees and pizzabuffe/ Påmelding- og treningsavgift og pizzabuffe**

Fee for all training days (all runs) and the competition including pizza on Saturday, it is possible for official, coaches, parents etc to buy pizzabuffe for 25€ this must be paid in the café latest Friday. /Treningsavgift for alle treninger og konkurranse inkludert pizzabuffe lørdag. For andre enn utøvere er det mulig å kjøpe pizzabuffe til 250 kr, må betales i kafeen senest fredag.

Zero run/ Nulløp	€150/NOK1500/SEK1500
Luge/aking, skeleton/skeleton	€125/NOK1250/SEK1250
Monobob/Parabob	€150/NOK1500/SEK1500
2- Bobsleigh/ 2-er bob	€250/NOK2500/SEK2500
4-men bobsleigh/4-er bob	€400/NOK 4000/SEK4000

The pizzabuffe will take place at Birkebeineren skistadion, Sjøsetervegen 33, 2618 Lillehammer. If you want to have free parking/ Adresse pizzabuffe: Birkebeineren skistadion, Sjøsetervegen 33, 2618 Lillehammer

Payment with card (VISA/MASTERCARD), IBAN or invoice when register/ betaling av påmeldingsavgift skjer ved kort eller IBAN/faktura. No voucher accepted.

If the online entry deadline is missed, race entry fees will be increased by 100%.

Ved etteranmelding er det 2* påmeldingsavgift.

Classes / Klasser

BOBSLEIGH/BOB			LUGE/AKING			SKELETON/SKELETON		
Classes/Klasser	Start/Start	Run/konkurranse	Classes/Klasser	Start/Start	Run/konkurranse	Classes/Klasser	Start/Start	Run/konkurranse
Beginners monobob/ Nybegynnere monobob	Juniorstart	2 åk	Zero run/ Nulløp Mix	Curve 7/10/13/ Kurve 7/10/13	Zero run/ Nulløp	Junior and younger / Juniorer og yngre Mix	Juniorstart/ juniorstart	2 åk
Parabob Woman & Men / Parabob damer og herrer	Bobstart	2 åk	Junior men and woman/ junior damer og herrer	Juniorstart/ juniorstart	2 åk	Woman/ Damer	Bobstart/ bobstart	2 åk
Monobob women & men /Monobob damer og herrer	Bobstart	2 åk	Woman/ Damer	Womanstart/ Damestart	2 åk	Men/ Herrer	Bobstart /bobstart	2 åk
2-men bob woman/ 2-er bob damer	Juniorstart	2 åk	Men/ Herrer	Woman start/ Damestart	2 åk			
2-men bob men/ 2-er bob herrer	Juniorstart	2 åk						
2-men bob woman/ 2-er bob damer	Bobstart	2 åk						
2-men bob men/ 2-er bob herrer	Bobstart	2 åk						
4-men bob/ 4-er bob herrer	Bobstart	2 åk						





Zero difference run/ Nulløp: Result list: 11 years and older (if you become 11 years in 2024): Rated based on the lowest difference in time on 2 trips. Two runs and the athlete with the smallest gap between run 1 and run 2 win. Younger than 11 years old: no result list.

Resultater for 11 år og eldre (hvis du fyller 11 år i 2024): Rangeres ut fra minst differanse i tid på omgang 1 og omgang 2. Den med minst differanse mellom omgang 1 og 2 vinner. Yngre enn 11 år vil ikke bli rangert.

Licenses/ Lisens:

It is the responsibility of each club to ensure that all of its athletes have a valid license to compete issued by its national federation or club / Hver klubb er ansvarlig for at sine utøvere er forsikret.

Insurance/ Forsikring:

It is the responsibility of each club to ensure that all of its athletes have valid medical insurance. The Organizer cannot be held liable for any accident or damage that may occur during the event/ Hver klubb har ansvar for at sine utøvere er forsikret. Arrangør kan ikke bli holdt ansvarlig for ulykke eller skade som kan oppstå ifm arrangementet.

Prize Giving ceremony/ premieutdeling:

Prize Giving ceremony after the competition. Everyone who is competing in the Zero race gets a prize, The other classes will top 3 get a prize. /Alle som deltar i nulløp blir premiert. Topp tre får premie i de øvrige klassene.

First aid/ Sanitet:

Information will come later/Informasjon vil komme senere

Regulations / Reglement:

International Rules of the FIL – IRO with adjustments for Nordic Cup. / Konkurransereglement iht IRO med tilpasninger til Nordisk Cup.

International Rules of the IBSF for Skeleton and Bobsleigh with adjustments for Nordic Cup/ Konkurransereglement iht IBSF med tilpasninger til Nordisk Cup.

Each nation/club must have one leader at start. That means if your athletes start at one specific curve or at junior start– a leader needs to be present at each start level. Hver klubb/nasjon må ha en leder på start. Det betyr at hvis utøveren din starter i en kurve eller på juniorstart må det være en leder til stede.

Old lugeshoes is ok to use during Nordic Cup. /Gamle akesko er ok å benytte seg av under Nordisk Cup.

Accommodation/overnatting:

Olympiaparken offer us 25 beds, at [Olympiaparken Sportell](https://olympiaparken.no/en/sportell/). (<https://olympiaparken.no/en/sportell/>) Price for each person is: 1750, 175 € from Wednesday to Sunday, includes bedsheets and towel, no meals included expect pizza at Saturday. The Sportell has kitchen (making your own food) fitness room, WiFi etc, 3 single rooms, 2 double rooms and 7 quadruple rooms. For booking please contact Camilla Nordby camilla.nordby@olympiaparken.no Camilla will be present at the track Wednesday 13th.March at 17.30-18.30, so you can pick up your key and pay with credit card for the accommodation.

Other recommended places to stay is [Hafjell Hotell](#), [Nermo Hotel](#) and [Hunderfossen Hotell and Resort](#).

Olympiaparken tilbyr deltakerne god pris på overnatting. Vi har fått reservert 25 rom. Pris pr pers 1750 kr fra onsdag til søndag. Ingen måltider er inkludert, foruten pizzabuffe på lørdag. Sportellet har følgende fasiliteter: kjøkken, WiFi, tre singel rom, to dobbeltrom, sju 4-mannsrom etc. Her kan du lese mer om Sportellet

<https://olympiaparken.no/sportell/>

For booking kontakt Camilla Nordby, camilla.nordby@olympiaparken.no. Dere får gratis parkering ved Sportellet ved å oppgi skilt nr på bilen ved booking av overnatting. Camilla vil være til stede i banen onsdag 13.mars 17.30-18.30, hvor dere kan hente nøkkel og betale, enten med kort eller VIPPS, for overnattingen.

Andre overnattingssteder vi anbefaler er [Hafjell Hotell](#), [Nermo Hotel](#) og [Hunderfossen Hotell and Resort](#).





CONTACT INFORMATION:

Organization office / Rennkotor

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Chief of Track/ Banesjef:

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Preliminary Schedule/ Foreløpig tidsplan

Track Walk will just be offered Wednesday 20.00-21.00. There will be no Track Walk Thursday – Sunday.

Wednesday 13 rd . March	17.00 TCM in the finish house, at least one person from each nation/club needs to be present.
Thursday 14 th . March	08.30 – 19.30 Training
Friday 15 th . March	08.30 – 19.30 Training
Saturday 16 th . March	10.00 -> Competition
Sunday 17 th . March	09.00 – 14.00 Training

Training and competition program will be sent out after the entry deadline, we will try to offer two training sessions for each sport Thursday and Friday. On Wednesday from 18.00 – 20.00 we offer you to train with the Norwegian clubs. For this you must pay extra, contact Anne Jorun Smikop for more info about the prices here. / Trening- og konkurranseprogram vil bli send ut etter påmeldingsfristen. Vi håper å kunne tilby to treningsomganger torsdag og fredag.

Subject to change / Kan bli endringer

